



STRENGTH



MARCY HOME GYM

CODE: MWM988

FEATURES

- This home gym system is made of heavy-duty 14 gauge steel tube frame and vinyl coated for extra durability. Change your settings by simply inserting the weight pin into your desired weight and lift.
- This press arm has two settings: vertical butterfly and chest press. When set to vertical butterfly, each press swings individually to strengthen the muscles while switching to chest press is easy by inserting the pin and lift.
- Two separate lateral bars give you different options to strengthen your muscles. The pulley system allows easy weight lifting by using the lateral bars for pull ups, pullovers, pull-downs, and pulley rows to build your body muscle.
- With thick foam roller padding and a dual function leg developer that comes with a pivot point for a comfortable workout, the low pulley can be used for leg workouts via pulls with the foot wrap that can be attached to the leg developer.
- This bicep pad is fully adjustable. Use it to pump some iron or use it with the lower pulley in a seated position. Perform barbell and hammer curls with ease without putting too much strain on your back.

SPECIFICATION

Weight Stack: 68 KG (150LBS).

Maximum Weight Capacity: 136kg (300LBS).

Assembled Dimensions: 171.5cm (L) x 106.7cm (W) x 198.1cm (H).