

RECOVERY IS KEY

GoFit Polar Massage Bar - GF-PLBAR

Ice packs have long been used to reduce swelling and inflammation, helping sore muscles feel better. The GoFit Polar Massage Bar, rolls out this cold therapy more efficiently than ice packs, plus smooth-rolling massage relief. Place the GoFit Polar Massage Bar into the freezer between uses. The unique inner liquid stays ice cold for an extended time for active, cold-therapy relief with no wet ice-pack mess.

- **Targeted cold rolling massage therapy**
- **Effective relief for sore muscles**
- **Ergonomic roller stays ice cold for an extended time**
- **Durable, smooth, rolling-pin action**
- **Stainless Steel cylinder:
8" (20.3cm) x 1.75" (4.5cm) dia.**
- **Soft-gripping rubber handles**
- **Cold therapy with no wet mess**
- **Patent pending**



Dimpled, stainless steel massage roller



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