## AT-HOME FITNESS 3 resistance levels for rehab, warm-up and training

## GoFit Latex Free Flat Band - GF-LFFB

Simple Solutions: Durable, latex free bands for versatile and effective resistance training to tone and shape your entire body. Perfect for rehab; ideal for pre-game or pre-activity warm up and stretching.

- 3 color-coded resistance levels—latex free bands: 6" x 48" (15.2cm x 121.9cm)
- Superior, durable performance
- Ideal for strength training, toning, rehab and warm-up
- Compact and portable
- Training manual included





Die-cut, translucent product-reveal window



Training manual included



