

RECOVERY IS KEY

Muscle Hook - GF-HKR

- Target trigger points for massage
- Unique hooked configuration
- Unique design provides leverage for massage pressure
- Ultra durable, heavy duty one-piece urethane
- Strategically-placed hand grips
- Training Manual included
- Unit dimensions: 14" x 23" (35.6cm x 58.4cm)



Heavy duty, solid urethane material

Rounded knobs simulate action of massage therapist's thumbs

Finger grip, ridged leverage handle provides better pressure control

Ridged finger grip handle

Pegged with zip-tied Training Manual attached: 14" x 24" (35.6cm x 61cm)



Training Manual

Ergonomic, curved shape with cylindrical structure



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