## **AT-HOME FITNESS**

## Extreme Ab Wheel - GF-EAW

- Bigger wheel, better workout
- Solid premium rubber tire with ultra-grip tread keeps you on track
- Hand Grips/Foot Pedals of soft-touch rubber for superior hold and stability
- Heavy duty foot straps with quick-change, fully adjustable Velcro closures
- Solid steel axle for smooth rolling action
- Flat pedals with textured rubber treads for greater traction and support
- Extreme Ab Wheel Diameter: 14" (≈35.5cm) Assembled Width: 20" (≈50.5cm)
- Some assembly required
- Includes laminated training manual with QR Reader App exercise demos

Heavy duty foot straps with Velcro

> Dual purpose Foot/Hand Grips

Solid rubber tire with / ultra-grip tread <



