RECOVERY IS KEY Cold therapy massage with no wet mess

GoFit Polar Roller - GF-CROL

Ice packs have long been used to reduce swelling and inflammation. GoFit's faster and more effective way to roll out cold therapy fits right in the palm of your hand. Grip the Polar Roller handle comfortably with either hand, while the stainless roller ball stays ice cold. Rolling out swollen, sore muscles is a breeze.

Place the detachable roller ball in the freezer between uses. The unique inner liquid stays cold for an extended time, offering active, cold therapy relief, with no wet mess or cold hands.

- Stainless Roller Ball stays ice cold
- Comfortable, ergonomic, soft rubber handle
- Smooth rolling action
- Ice-pack-type therapy, plus massaging relief
- Durable TPE and stainless components
- Highly portable
- No wet, melting mess



