

SPORTS PERFORMANCE TRAINING

GoFit Agility Ladder - GF-AGLAD

GoFit's Agility Ladder is the time-tested tool for speed and agility training. Part of the GoFit Sports Performance equipment line, this agility ladder is pro-grade, made of durable materials and construction. Portable and lightweight, this is the ideal team trainer. **Train. Recover. Repeat. GoFit.**

- Time-tested speed and agility training
- Durable pro-grade materials
- Snaps allow connection to another ladder for extended distance
- Grommets for anchoring or staking (stakes not included)
- Carry bag included
- Length: 15' (4.57m)



Shelved package carton: 21.5" x 4" x 6"
(54.6cm x 10.2cm x 15.2cm)

End snaps allow for adding another ladder for extended distance



Durable pro-grade materials

Convenient carry bag



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